






MARCH 2024 MENU

		March 1st		
				
			Fish & Chips w/tartar sauce Roasted Sweet Potato Wedges Peas & Carrots, Coleslaw Banana or Grapes Whole Grain Roll NF or LF Milk *LS Lentil Soup	
March 4th	March 5th	March 6th	March 7th	March 8th
Turkey or Tofu Stir Fry w/Mixed Asian Vegetable Blend Cabbage, Cucumber, & Radish Salad Poached Pear Brown Rice NF or LF Milk Tapioca Pudding	Meatloaf w/LS Gravy Garlic Mashed Potatoes Green Beans, WG Pasta w/LS Sauce Cantaloupe or Orange NF or LF Milk *LS Minestrone Soup	Caribbean Chicken w/LS Black Beans Broccoli Carrot, Bell Pepper, Celery Salad Fresh Fruit Brown Rice Pilaf NF or LF Milk	Fish Taco w/LS Sauce LS Pinto Beans and Corn Chopped Mixed Salad w/Romaine, Kale, & Ranch Dressing Fresh Peach or Plum Warm Corn Tortilla NF or LF Milk *LS Butternut or Pumpkin Soup	Beef Bolognese w/Penne Pasta Herbed Zucchini & Yellow Squash Cauliflower Caesar Salad w/Caesar Dressing Fruit Cup Whole Grain Roll NF or LF Milk
March 11th	March 12th	March 13th	March 14th	March 15th-Spring Fling Dance
Southwest Shredded Chicken w/LS Sauce & Cheese Garnish Pinto or Black Beans Spinach Salad w/Kale, Bell Pepper, Cucumber, & Dressing Banana Whole Grain Roll NF or LF Milk	Shepard's Pie w/ground turkey & mashed potatoes Corn and Carrots Mixed Green Salad French Dressing Orange or Kiwi Whole Grain Roll NF or LF Milk	Baked Fish Almondine w/LS Sauce Green Beans w/Herbs Coleslaw w/Bell Pepper Barley w/Herbs Fruit and Yogurt Parfait NF or LF Milk *LS Mushroom Soup	Chicken Adobo w/sauce Green Peas Mesclun Salad w/garbanzo beans Ranch Dressing Pineapple & Mango Fruit Cup Brown Rice NF or LF Milk	Corn Beef w/LS Sauce Red Potatoes Steamed Cabbage & Carrots Kiwi or Grapes Whole Rye Bread Vanilla Pudding NF or LF Milk, Orange Juice 
March 18th	March 19th	March 20th	March 21st	March 22nd
Baked Pollock w/Lemon Sauce or Spinach Quiche w/mushrooms Mixed Vegetables and Broccoli Salad Cinnamon Applesauce Brown Rice Pilaf & Whole Grain Roll NF or LF Milk *LS Chicken Soup	Cashew Chicken w/Sauce Green Peas w/mushrooms Beet & Mandarin Orange Salad Fresh Seasonal Fruit Lo Mein Noodles Whole Grain Roll NF or LF Milk	Enchilada Casserole w/ground turkey and Cheese Garnish LS Pinto Beans & Sauted Zucchini Mesclun Salad w/Cilantro Dressing Corn Tortilla NF or LF Milk Mango Pineapple Fruit Cup	Hungarian Goulash w/Elbow Macaroni Roasted Brussels Sprouts Herbed Carrots Fresh Orange Whole Grain Roll Oatmeal Cookie NF or LF Milk	Open Faced Hot Turkey Sandwich Mashed Potatoes w/LS Gravy Spinach Salad w/Dressing & Cranberries Green Beans Whole Grain Roll NF or LF Milk, Orange Juice *LS Garden Herb Vegetable Soup
March 25th	March 26th	March 27th	March 28th	March 29th-Easter Lunch
 Center is Closed for Cesar Chavez Day	Chicken Mole w/Sauce Peas & Carrots Tomato Cucumber Salad Fresh Seasonal Fruit Spanish Brown Rice Flan w/Cinnamon NF or LF Milk	Asian Beef Stir Fry Mixed Asian Vegetables LS Beet Salad Cantaloupe or Tangerine Brown Rice NF or LF Milk *LS Hot and Sour Soup	Vegetarian Chili w/LS Pinto & Kidney Beans, Cheese, Tomato Green Beans Mixed Salad Greens French Dressing Banana Orange Juice TFF Cornbread NF or LF Milk	Chicken Milanese w/Lemon Cauliflower and Zucchini Caesar Salad w/Romaine, Crutons Caesar Dressing Fresh Seasonal Fruit Whole Grain Roll Vanilla Yagurt Parfait w/Granola NF or LF Milk 

all menu items subject to change or substitution

*Depending on availability